

Privacy Policy for Trauma Psycho-education and Trauma Centre Trauma Sensitive Yoga Group

1. Privacy

- Participants' privacy will be respected at all times.
- Personal details and shared experiences within the group remain confidential.
- Exceptions to confidentiality apply only in cases of legal obligations or immediate safety concerns.
- Discussions within the group are not to be shared outside the group setting.
- Facilitators will handle sensitive information with discretion and professionalism.

2. Collection and Storage of Information

- Only necessary information will be collected to ensure participant safety and group suitability.
- Information may include contact details, emergency contacts, and relevant health considerations.
- All personal data will be securely stored and accessible only to authorized personnel.
- Participants may request access to their personal information or ask for corrections if needed.
- Information will not be shared with third parties without explicit consent, except when legally required.
- Data will be retained only for the necessary duration and securely disposed of when no longer required.
- Notes will be taken and stored confidentially after intake and each group session.

By adhering to these privacy guidelines, the trauma psycho-education and yoga group ensures a safe and respectful environment for all participants.